

2330 Scenic Hwy S.  
Snellville, GA 30078  
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March 12, 2020

The facility will remain open to provide exceptional care during this interim; and has implemented appropriate precautions and screenings for all patients we serve.

- The Cleaning Crew is focusing on door knobs, hand rails and high traffic areas with a new chemical that is more effective on pathogens.
- Trash cans have been added to the outside of each restroom so that you can throw away your paper towel after you open the door.
- There is a flyer posted at the reception desk with Dr. Oz's suggestions on how to stay safe.
- Hand Sanitizer is available in the lobby.
- Our hand soap in the bathrooms **is antibacterial** with hand lotion in it.
- 3HC disinfects and wipes down after each client.

If we all work together, we can all be safe together. Here's how you can help: (suggested by the CDC)

\* Frequently wash your hands - soap and water is more effective than hand sanitizer because it dissolves the skin of virus which kills it. 20 seconds is a good amount of time to wash your hands and is about the time it takes to sing the 'happy birthday' song twice.

\* Avoid unnecessary contact - elbow bumps are a much better substitute for shaking hands these days.

\* Sneeze into your arm or tissue paper, in which case throw it away immediately. Or - if you cover your mouth with your hands, remember to wash them well :)

\* **Stay at home if you feel any of the following symptoms: Fever, head-ache, body ache, shortness of breath, nausea.** PLEASE PLEASE PLEASE

Here is information from the CDC about important things you can do:

How to keep yourself from getting sick: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html>

What to do if you or a loved one is sick at home: <https://www.cdc.gov/coronavirus/2019-ncov/about/steps-when-sick.html>

**\*\*WE DO OFFER TELEHEALTH AS AN OPTION TO IN-PERSON VISITS\*\***

Call the office if you wish to do telehealth also note that this information could change as the situation continues to develop and the office goes completely online.

Thanks for your attention to this matter.  
Miko Jones, LPC